



Maharishi College of Perfect Health International
Station 24, NL-6063NP Vlodrop, Netherlands - <https://mcphi.org>

Dear Friends and Colleagues,

It is a great joy to announce the in-residence **Maharishi AyurVeda Marma Training Course for Health Professionals** organized by the **Maharishi College of Perfect Health International** (<https://mcphi.org>).

‘In Marma, consciousness manifests into matter’ Maharishi Mahesh Yogi

Based on positive experiences from participants from previous courses we can say that offering MAV Marma therapy to your patients will greatly expand the scope and effectiveness of your healthcare practice.

With best wishes

Dr Rainer Picha and Dr Walter Mölk
MCPHI President and Secretary

Here are the key dates for the course:

Location and Date:

MERU, Vlodrop, The Netherlands - **2 to 9 November 2023.**

First meeting: Thursday evening, 2 November. Last meeting: Thursday evening, 9 November.

(If your time allows, we encourage you to stay for Dhanvantari celebration on Friday or till Sunday, 12 November, for the Mahalakshmi celebration)

Course leaders and Assistants:

Dr Rainer Picha, Dr Walter Mölk, Dr Mike Olmstead, Stellavera. Kilcher, Kathryn Nolan & Randol Oberson.

Eligibility:

The course is only for health professionals who practice Transcendental Meditation, have received previous training in Maharishi AyurVeda including Maharishi Nadi Vigyan and have experience treating patients.

Course fee: 1480 €

The training in MAV Marma Therapy includes:

- Seven full course days with extensive practice sessions under individual guidance
- Learning effective protocols for many disorders (5-15 min treatment time)
- A comprehensive 100-page manual with guidelines and detailed treatment protocols
- Maharishi's unique comments on Marma therapy and pulse diagnosis (several video segments will be shown for the first time)
- Two free Zoom sessions for review and follow-up after the course

Additional expenses:

For housing (about 60-80 €/night in nearby hotels), transport (about 40 € for the time of the course) and organic vegetarian meals at MERU for 22 €/day.

Reserving your seat:

Please note: The number of course participants is limited, so that we can provide individual guidance for each participant. If you consider attending the course, we need the date, location and course leader of your previous training in Maharishi AyurVeda.

There is great interest in the MAV Marma training, therefore, we need your information as soon as possible. Please mail your interest in attending the course to mavtraining@Maharishi.net

Then we will send you then also a list of different housing options.

As soon as the landing page on the MCPHI website is ready, including the registration and payment feature, you can confirm and finalize your registration.

‘Marmas are the cosmic switchboards in the human body’ Maharishi Mahesh Yogi